



**MEALS AND
CLOTHING**



**TRANSPORTATION
AND RECREATION**

**COMMUNITY
SERVICES**

**HOUSING AND
CHILDCARE**



**EMPLOYMENT
AND TRAINING**



2018 Edition*

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current information (see back for details)



MEAL PROGRAMS



BANCROFT

St. John's Anglican Church (\$4.00 Lunch)

21 Flint Street, Bancroft 613-332-3662
Tuesdays 11:00 a.m. - 1:00 p.m.

BELLEVILLE

Eastminster United Church (Free Hot Meal)

432 Bridge Street East 613-969-5212
Wednesdays 11:30 a.m. - 1:00 p.m.

Salvation Army (Free Soup, Salad, or Sandwiches)

295 Pinnacle Street 613-968-6834
Mondays, Tuesdays, Thursdays, Fridays
11:30 a.m. - 12:45 p.m.

Salvation Army Warm Room (Seasonal: November - March)

Same as Above Free Hot Meal
Open Daily 6:00 p.m. - 8:30 p.m.

Bridge Street United Church (Free Dinners)

TGIF Frozen Meal 613-962-9178
Distribution Register on 1st visit/Bring ID
Every Friday 2:00 p.m. - 4:00 p.m.

"Inn From the Cold" Doors Open at 4:00 p.m.
Coffee/Soup served from 4:00 p.m.
Seasonal (January - February) Dinner 5:00 p.m. - 6:30 p.m.
www.bridgestchurch.com

Michelangelo's Café - Gleaner's Food Bank (Free)

25 Wallbridge Crescent 613-962-9043
Monday - Friday 9:00 a.m. - 12:00 p.m.

MEAL PROGRAMS



Christmas Sharing Program (Seasonal)

Call for Information 613-969-1020

Peer Support South East Ontario (Hot Lunch \$1)

391 Front Street, Unit C, Belleville 613-969-1772

Monday - Friday 10:00 a.m. - 3:00 p.m.

Saturday 9:00 a.m. - 2:00 p.m.

TWEED

Gateway Community Health Centre

41 McLellan Street, Tweed

Community Kitchens and Workshops (Monthly)

Call to sign up 613-478-1211

QUINTE WEST

Salvation Army (Free Lunch)

244 Dundas Street East (Trenton) 613-392-9905

Mondays - Thursdays 11:30 a.m. - 1:00 p.m.

Royal Canadian Legion Branch 110 (Free Breakfast Program)

19 Quinte Street (Trenton) 613-392-0331

Every Other Sunday (Call First) 8:30 a.m. - 10:00 a.m.

New Beginnings Support Centre (Hot Lunch for \$1)

76 Dundas Street West (Trenton)

613-394-3449

Monday - Friday 12:00 Noon - 1:00 p.m.

Trenton United Church (Lunch Program)

85 Dundas Street East (Trenton) 613-392-6001

1st and 3rd Friday 11:30 a.m. - 12:30 p.m.

Runs Year Round

St. Andrew's Presbyterian Church (Lunch Program)

16 Marmora Street (Trenton) 613-392-1300

Last Friday of the Month 11:30 a.m. - 1:00 p.m.

FOOD BANKS

BANCROFT

North Hastings Community Cupboard Food Bank

2 Madawaska Street, Bancroft 613-334-6981

Tuesday 10:00 a.m. - 11:30 a.m.

Thursday 4:00 p.m. - 5:30 p.m.

Friday 10:00 a.m. - 11:30 a.m.



BELLEVILLE

Gleaners Food Bank

25 Wallbridge Crescent 613-962-9043

Monday - Friday 9:00 a.m. - 12:00 p.m.

St. Matthew's Distribution Centre (Gleaners)

25 Holloway Street 613-967-1511

Tuesday 1:00 p.m. - 2:00 p.m.

Free Lunch - Tuesday 12:00 p.m. - 1:00 p.m.

Salvation Army Emergency Food Bank

295 Pinnacle Street 613-968-6834

Monday, Wednesday, Friday 1:00 p.m. - 3:00 p.m.

COE HILL

Tri-Township Food Basket

Hwy 620 - Royal Canadian Legion Branch 581

Every Monday except first of month 12:30 p.m. - 2:00 p.m.

DESERONTO

Helping Hands Food Bank - Lion's Club

316 Edmon Street

Every Thursday except first of month 10:00 a.m. - Noon

LAKE ST. PETER

The Word of Life Outreach Food Bank

2016 Hwy 127

613-338-2121 (Call for details)

Tuesday 1:00 p.m. - 3:00 p.m.

FOOD BANKS



MADOC

Helping Hands Food Bank

151 St. Lawrence St. East

www.chsninc.ca/foodbank

613-473-9035 or 613-473-5255

Monday 10:00 a.m. - 1:00 p.m.

Tuesday 6:00 p.m. - 8:00 p.m.

Wednesday 10:00 a.m. - 2:00 p.m.

Thursday 1:00 p.m. - 4:00 p.m.

MARMORA

Helping Hands Food Bank

37 Forsythe Street (Library) 613-472-3594

Tuesday 1:00 p.m. - 3:00 p.m.

MAYNOOTH

Maynooth and Area Food Bank

33064 Hwy 62 (Holy Trinity Anglican Church) 613-338-2085

2nd and 3rd Thursday each month 11:30 a.m. - 12:30 p.m.

STIRLING

Stirling & Area Christian Community Care - Community Cupboard

85 Station Street 613-395-3952 Most Thursdays (Call first)

10:00 a.m. - 12:00 Noon and 7:00 p.m. - 9:00 p.m.

TRENTON

Care and Share Food Bank

38 Guelph Street 613-394-5551

Monday, Tuesday, Thursday, Friday 10:00 a.m. - 12:30 p.m.

Salvation Army

244 Dundas Street East 613-392-9905

Monday - Thursday 9:00 a.m. - 1:00 p.m.

TWEED

Tweed Food Bank - Salvation Army

224 Metcalf Street 613-478-3375

Wednesday 10:00 a.m. - 12:00 p.m. and 1:00 p.m. - 3:00 p.m.

OTHER COMMUNITY FOOD PROGRAMS

FOOD FOR LEARNING

Food for Learning supports student nutrition programs including breakfast, lunch or healthy snacks. Food for Learning programs aim to improve the overall nutritional health of students who require a supplement to their daily diet. Students must eat well to provide the energy they need to learn. Students are welcome to participate in the nutrition program at their school, no questions asked and no payment required.

For more information please contact: Kellie Brace
Food for Learning Coordinator
Phone: (613) 966-1170, ext. 2232



For additional information on a wide range of supports available to students, please contact The Hastings and Prince Edward Learning Foundation at 613-966-1170 ext 2205, www.learningfoundation.hpedsb.on.ca or your school principal. The Hastings and Prince Edward Learning Foundation is a Jump Start charity.

COMMUNITY DEVELOPMENT COUNCIL OF QUINTE (CDC)

The aim of CDC programs is to support families by creating opportunities for self-help. Programs include: Good Food Box (GFB), Good Baby Box (GBB), Community Kitchens, Community Gardens and Good Food Market.

For more details on any of these programs, call: 613-968-2466; visit 65 Station Street, Belleville; or online at: www.cdcquinte.com.

Distribution Depots

Bancroft - North Hastings Community Cupboard: 613-332-8025 (GFB)
Belleville - Baby Box Store: 613-968-2466 (GFB) (GBB)
Belleville - Parkdale Community Centre: 613-968-2466 (GFB)
Belleville & Q. West Community Health Centre: 613-962-0000 ext. 233 (GFB)
Deseronto Community Care: 613-396-6591 (GFB) (GBB)
Frankford Community Partners For Success: 613-398-1881 (GFB) (GBB)
Madoc Helping Hands Food Bank: 613-473-9035 (GFB) (GBB)
Madoc Support Centre: 613-473-4111 (GFB)
Marmora Pentecostal Church: 613-472-3219 (GFB) (GBB)
Stirling Public Library: 613-395-2837 (GFB) (GBB)
Trenton Military Family Resource Centre: 613-392-2811 x3265 (GFB) (GBB)
Trenton - Belleville & Q. West Community Health Ctr.: 613-965-0000 ext. 233 (GFB)
Trenton Baby Box Store - 85 Marmora St. (Mondays 8:30 - 12:30) 613-968-2466
Tyendinaga - Community Health: 613-967-3603 (GFB) (GBB)
Tweed - Gateway Community Health Centre: 613-478-1211 ext 285 (GFB) (GBB)

CLOTHING PROGRAMS

BELLEVILLE Salvation Army Thrift Store (Minimal Cost)

295 Pinnacle Street	613-968-6834
Monday - Friday	10:00 a.m. - 5:00 p.m.
Saturday	10:00 a.m. - 4:00 p.m.



St. Vincent De Paul (Minimal Cost) 205 Coleman Street 613-966-8005

Monday - Friday	10:00 a.m. - 5:00 p.m.
Saturday	10:00 a.m. - 3:00 p.m.

Belleville Pregnancy & Family Care Centre (Free Baby Clothing)

200 Dundas Street East	613-969-7866
Monday - Friday	11:30 a.m. - 4:30 p.m.

CENTRE HASTINGS People Helping People (Free)

Call Ontario Works office for referral	613-473-5258
Monday - Friday	8:30 a.m. - 4:30 p.m.

DESERONTO Community Care Closet (Minimal Cost) 297 Main Street

Tuesday - Saturday	10:00 a.m. - 4:00 p.m.	613-396-6591
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NORTH HASTINGS New-To-You (Minimal Cost)

189 North Hastings Street, Bancroft	613-332-2229
Monday - Friday	10:00 a.m. - 4:00 p.m.

Choices Thrift Shop (Minimal Cost)

12 Flint Avenue, Bancroft	613-332-0439
Monday - Friday	10:00 a.m. - 4:00 p.m.
Saturday	10:00 a.m. - 3:00 p.m.



Word Of Life Outreach Centre (\$10 to Fill Large Bag)

2016 Hwy 127, Lake St. Peter	613-338-2121
Tuesday - Friday	10:00 a.m. - 3:00 p.m.
1st Saturday each month	10:00 a.m. - 2:00 p.m.

Bancroft Pregnancy Care Centre (Free Maternity/Baby Clothing, Formula, Diapers)

35 Sherbourne Street North	613-332-4673
Monday - Thursday	10:00 a.m. - 4:00 p.m.

QUINTE WEST Salvation Army Thrift Store (Minimal Cost)

34 Front Street, Trenton	613-392-4538
Monday - Friday	9:30 a.m. - 4:00 p.m.

TWEED Salvation Army (Minimal Cost) 224 Metcalf Street 613-478-3375

Monday - Friday	10:00 a.m. - 4:00 p.m.
Saturday	9:00 a.m. - 4:00 p.m.

CHILDREN'S PROGRAMS

CHILDREN'S SERVICES

Child care fee subsidy provides financial assistance towards the cost of licensed child care as determined by an income test. Subsidy is available to support the employment, training and educational needs of parents.

Families applying for subsidized child care should contact the Intake Access Centre at: 613-966-1311 or 1-800-267-0575 (Northern Hastings County) where a screener will work with parents to determine their child care needs by gathering appropriate information and booking an appointment with a child care caseworker.

Families that require specific information about a licensed child care centre can access the new Ministry website at: www.ontario.ca/licensedchildcare

To register for a Before/After School Program below, contact Hastings County Children's Services at: 613-966-1311 or 1-800-267-0575.

BELLEVILLE

Sir John A. MacDonald's Before & After School Adventure Club
22 Harder Drive
Monday - Friday 7:30 a.m. - 9:00 a.m. and 3:00 p.m. - 5:00 p.m.

St. Michael's School After School Program
273 Church Street
Monday - Friday 2:30 p.m. - 5:30 p.m.

TRENTON

Trent River Before and After School Program
84 Dixon Drive, Trenton
Monday - Friday 6:30 a.m. to 9:00 a.m.; 3:20 p.m. - 5:30 p.m.

FRANKFORD

Frankford School, School Age Program
36 Adelaide Street Frankford
Monday - Friday 7:30 a.m. to 9:15 a.m.; 3:35 p.m. - 5:30 p.m.

Contact your local child care agency to find out if other before/after school programs are available in your area.

HOUSING SERVICES

HASTINGS COUNTY HOUSING SERVICES

The mission of the Housing Services is to provide safe, modest, affordable housing to low income people in Hastings County.

Housing Services provides subsidized housing, rent supplement/housing allowances, and manages a centralized waiting list for all social housing in Hastings County (almost 2,600 units). They research and develop new affordable housing for residents of Hastings County. Tenants living in social housing pay about 30% of their income towards rent, or receive a flat rate supplement or allowance.

Housing units are located throughout Hastings County, in the following locations:

- Bancroft
- Belleville
- Coe Hill
- Deseronto
- Frankford (Quinte West)
- Madoc
- Marmora
- Stirling
- Trenton (Quinte West)



To apply for social housing, contact the Intake Access Centre at: 613-771-9630 or 1-866-414-0300. To reach Housing Services staff, contact: 613-966-1311 or 1-800-267-0575.

Applications are available at any Ontario Works office in Hastings County (see back cover for contact information), or by visiting our website at: www.hastingscounty.com.

HOME VISITOR PROGRAM

A program that supports individuals at risk of becoming homeless, provides daily living assistance, does safety check-ins, and connects people with community supports. For more information or to make a referral, please contact 613-966-1311 x4320 or 1-800-267-0575 x4320.

HOUSING SERVICES

Hastings Housing Resource Centre (HHRC)

The HHRC helps people 16 years of age and older to find affordable, adequate housing in Hastings County. HHRC has a complete listing of available housing throughout Hastings County which may be seen at any of their offices, or online at www.hastingshousing.com.

Belleville: 210-A Front St. 3rd floor; Monday - Friday 8:30 a.m. - 4:30 p.m.
613-969-1748 ext. 231

Central Hastings: 613-473-0400

North Hastings: Loyalist College Bancroft (Housing Board) 613-332-8156

Trenton: 81 Dundas St. W. (Career Edge); 613-392-8317

Wednesday 8:30 a.m. - 4:30 p.m.

Friday 8:30 a.m. - 4:30 p.m.

“Our House”, “Our House Too” and “Diane’s Place”

Operated by the Canadian Mental Health Association, Our House, Our House Too, and Casa Tres provide a safe and affordable cooperative housing program for singles, youth, and seniors who are either homeless, or at risk for homelessness for up to 6 months. Includes the following services:

- Assistance with finding long-term housing
- Counselling Services and employment planning
- Recreational/Social opportunities

For further information contact: 613-969-8874

Youth Habilitation Quinte (Youthab)

Youthab provides a spectrum of services for young adults (16-24 years old). Services include:

- Mental Health and Employment Counselling
- Supported Housing
- Housing Referral Service
- Transitional Age Youth
- Transition Home Program 613-969-9765

210-A Front Street, Belleville, 613-969-0830

200 Hastings Street North, Bancroft, 613-332-5558 (leave message)

81 Dundas Street West, Trenton, 613-392-8317

153 St. Lawrence Street East, Madoc, 613-473-9019

www.youthab.ca

LEGAL SERVICES

Community & Advocacy Legal Centre

Non-profit legal clinic provides free legal advice and advocacy services for low-income individuals throughout Hastings County. The clinic can help with Tenant's Rights (we have a Tenant Hotline and the Tenant Duty Counsel program), Workers' Compensation, Social Assistance and Canada Pension Plan issues, Employment problems, Consumer Law, Special Education problems and Criminal Injuries Compensation.

Please call the Belleville office at (613) 966-8686 or 1-877-966-8686 for help or to make an appointment to meet with us in any of our offices. People who are Deaf should call (613) 966-8714 or 1-877-966-8714, or email calc@lao.on.ca.

Belleville, 158 George Street (Level 1) (613) 966-8686
Monday - Friday 9:00 a.m. – 5:00 p.m.

We have part-time satellite offices in Trenton, Madoc, Bancroft, Tyendinaga Territory, Marmora and Tweed. Please call our Belleville office to arrange an appointment in any of these offices. Visit the clinic website at: www.communitylegalcentre.ca.

Legal Aid Ontario

Services provided by Legal Aid Ontario include:

- Advice Lawyers - lawyers can give advice on family or criminal law on the phone (20 minutes of free advice) or you can get family law advice in person at local Family Law Information Centre (FLIC), Belleville, 1-800-668-8258. Drop-in clinic, Family Advice Lawyer, Quinte Courthouse, Room 1306, Tues., 12:30-4:30; Fri., 9:00-1:00
- Certificates - given, if you qualify, for representation non family, criminal, or immigration law matters
- Duty Counsel - services are offered in most courts
- Telephone Applications for Certificates

To find out more about Legal Aid services, please call the Client Service Centre at 1-800-668-8258. TTY, call 1-866-641-8867. Press "0" and ask to speak to a client service representative.

FINANCIAL AND EMPLOYMENT SERVICES

ONTARIO WORKS

To apply for Ontario Works in Hastings County, contact 613-966-1311 or 1-800-267-0575 or online at www.ontario.ca/socialassistance.

**For Emergency After-Hours Homeless Services,
Contact: 1-877-528-9514**

Ontario Works not only provides financial assistance, but multiple supports in finding employment through five **Job Information Centres** in the County.

- **Belleville** - Ontario Works, 228 Church St, Belleville 613-966-1311 x2508
- **Trenton** - Ontario Works, 91 Creswell Drive, Trenton 613-392-1387 x2216
- **Madoc** - Ontario Works Office, 56 Russell St. North 613-473-5258 x3444
- **Bancroft** - Ontario Works Office, 1 Manor Lane (as of Apr 1) 613-332-3410
- **Deseronto** - Library, Main Street 613-396-2610

In addition, Ontario Works offers job-coaching supports such as resume writing, interview preparation, and employer referrals that shorten the path to gaining and keeping employment. There are also opportunities to be connected to education, certificate training, job-specific training and placements. For more information, contact your local Ontario Works office.

Employment Ontario

Employment Ontario also offers employment services at the following sites:

- Bancroft - Loyalist College - 195 Hastings St. N. - 613-332-1743 ext. 1
- Belleville - Loyalist College - 54 Dundas St. E. - 613-966-0205
- Belleville - Meta Employment Services - 161 Bridge St. W. - 613-966-9069
- Belleville - Career Edge (Youth only) - 210A Front St. - 613-969-0830
- Trenton - Career Edge - 81 Dundas St. - 613-392-9157

Community Trusts

Community Trusts provides financial assistance to low income people. Items such as appliances, rent and emergency food may be covered. Applicants can only apply once in a twelve-month period.

There are four contacts for Community Trust:

Belleville: 613-962-3070

Central Hastings: 613-473-5258

North Hastings: 613-339-1100

Quinte West: 613-392-1387 ext. 2202

URGENT SERVICES

DOMESTIC VIOLENCE

If you are living in a violent or abusive situation, Ontario Works can help.

- You will receive an appointment within 24 hours at a safe location
- Money can be provided to help you move out immediately
- Money can be provided to help you set up a home in the community if you are leaving an abusive home, an interval home, or a shelter

To access this confidential service, call: 613-966-1311 or 1-800-267-0575.

Three Oaks. Safe shelter, second stage housing, and services for abused women and their children. 24-hour crisis line: 613-966-3074 or 1-800-267-0533 www.threeoaks.ca.

Maggies Resource Centre of North Hastings. Provides services to abused women. Call: 613-332-3010 (after hours services available).

MENTAL HEALTH SERVICES

Canadian Mental Health Association

Provides various free programs and services for people with mental health issues such as: emergency housing; return-to-work program; individual and group counselling; assertive telephone outreach program.

Monday - Friday 8:30 a.m. - 4:30 p.m. www.hastings-cmha.org

41 Octavia Street, Belleville 613-969-8874

Addictions and Mental Health Services - Hastings Prince Edward

Provides free services to individuals 16 years of age and older who may be affected by problematic substance use or mental illness/mental health issues. Services include: counselling, case management, housing supports, court diversion, residential treatment, and recreation.

Monday - Friday 8:30 a.m. - 4:30 p.m.

Belleville (Main Office) 15 Victoria Avenue 613-967-4734

Belleville (Court Diversion Office) 15 Bridge Street West 613-968-1111

Bancroft 33 Flint Ave. 613-332-3826

Madoc 52 Lawrence Street East 613-473-9914

Trenton 27 King Street 613-394-1655

www.amhs-hpe.ca or www.hopedreamrecover.ca

Crisis Line: 613-969-5511 or 1-888-757-7766

310-OPEN (6736): A free, confidential service to get information and support for all mental health and addictions needs in Hastings County.

TRANSPORTATION SERVICES

BELLEVILLE TRANSIT

Main Intercity Terminal: 165 Pinnacle Street

Belleville Transit operates 7 days a week, Monday to Sunday, inclusive with 9 routes servicing the urban area of the City.

For schedules and further information call 613-962-1925 or visit the website: www.city.belleville.on.ca and click on the Public Transit link

CENTRAL HASTINGS PUBLIC TRANSIT

The Phase 1 Route travels through the municipalities of Central Hastings, Marmora and Lake, and Stirling-Rawdon into the city of Belleville. The Phase 2 Route passes through Madoc Township and the Municipality of Tweed, and then into the city of Belleville.

For schedules and further information call 613-473-5255 or visit the website: www.chsninc.ca and click on the Public Transit link

DESERONTO TRANSIT

Deseronto Transit (DT) provides public transportation services to destinations including Deseronto, Napanee, Belleville, and Prince Edward County.

For schedules and further information call 613-396-4008 or visit the website: www.deseronto.ca and click on the Public Transit link under Residents, then click Transit

QUINTE WEST TRANSIT (QUINTE ACCESS)

There are several bus routes that travel within Trenton ward of Quinte West.

For schedules and further information call 613-392-9640 or visit the website: www.quinteaccess.org and click on Public Transit

NORTH HASTINGS TRANSIT

Bancroft Community Transit is a non-profit organization providing a door-to-door transportation service by volunteer drivers. For schedules and further information call 613-332-2732 or visit the website:

www.bancroftcommunitytransit.com.



CHILDREN'S RECREATION PROGRAMS

PLAYING FOR KEEPS (THE CHILDREN'S FOUNDATION)

Playing for Keeps funds sport and social activities for children up to the age of 18, who are unable to participate because of financial need. Playing for Keeps gives them the chance to share in fun activities that their friends and peers are experiencing. Funds may be provided to help with the cost of participating in sport, recreation, arts and cultural activities. For further information contact the Quinte Children's Foundation at 613-962-9292. www.thechildrensfoundation.ca (can apply online)



CAMPS OF HOPE

Camps of Hope helps to pay registration fees for families in need. It provides children with an opportunity to develop their social skills, self-esteem, self-confidence, independence, and leadership skills. The Camps of Hope program is available throughout the year, March break, during the summer and winter breaks as well. Ages 4-18. For further information contact the Quinte Children's Foundation at 613-962-9292. www.thechildrensfoundation.ca (can apply online)



OTHER COMMUNITY SERVICES

KOMPUTERS FOR KIDS

Do you have children who will benefit from a computer? Komputers for Kids helps families with school aged children by providing a computer in your home.

To apply for a computer, call one of the following agencies:

Abigail's Centre - 613-961-1884

- Community Development Council Quinte - 613-968-2466
- North Hastings Children's Services - 613-332-0179

Or contact your caseworker for a direct referral or visit website at www.komputersforkids.ca. Allow 3-4 weeks for delivery of system.

INDIGENOUS SERVICES

For a list of Indigenous Services, please refer to the Guide for Indigenous Families and Children by following the link:

<http://kflachildrenandyouthservices.ca/aboriginal-guide/>

OFFICE LOCATIONS & CONTACT INFORMATION

BANCROFT - ONTARIO WORKS

1 Manor Lane - P.O. Box 1860 (as of April 1st)
Bancroft, ON K0L 1C0
Tel: 613-332-3410 Fax: 613-332-5550
Toll Free: 1-866-569-1941

BELLEVILLE - ONTARIO WORKS/CHILDREN'S SERVICES/HOUSING SERVICES

228 Church Street - Postal Bag 6300
Belleville, ON K8N 5E2
Tel: 613-966-1311 Fax: 613-966-4598
Toll Free: 1-800-267-0575

QUINTE WEST - ONTARIO WORKS/HOUSING PROGRAMS

91 Creswell Drive
Trenton, ON K8V 3G5
Tel: 613-392-1387 Fax: 613-392-2876

MADOC - ONTARIO WORKS

56 Russell Street North - P.O. Box 1007
Madoc, ON K0K 2K0
Tel: 613-473-5258 Fax: 613-473-1027
Toll Free: 1-866-434-4024

**For Emergency After-
Hours Homeless
Services,
Contact the
Canadian Mental
Health Association at:
1-877-528-9514**

Ontario Disability Support Program (ODSP) 613-962-9562 or 1-800-267-4355

**To apply for assistance in Hastings County, contact 613-771-9630 or
1-866-414-0300 or online at www.ontario.ca/social assistance**

*Please note: Information in this booklet may change at any time. For the most current information, please call the agency directly, or visit the Hastings County website (hastingscounty.com) and click under County Services and then Social Services

Send corrections/updates to booklet to: nicholasj@hastingscounty.com

